



Joint User Meeting Vienna, Austria

Collection of Abstracts

Date: 8 May 2026

Time: 09:00 – 16:20

Conference venue: IHS, Josefstädter Straße 39, 1080 Vienna

Info and Registration: share-austria.at/vienna-2026

10:40–11:00

Who bears the growing burden? Gender and work-life conflict across Europe

Vladimir Mentus / *Institute of Social Sciences, Belgrade*

Work-life conflict (WLC) increased significantly across 19 European countries between 2004 and 2020, with a steeper rise in the most recent decade. Women experienced a faster increase than men, gradually eroding the initial gender gap. Total working hours are the strongest individual predictor of WLC, and controlling for hours renders the gender effect non-significant, suggesting working hours mediate the gender–WLC association. Countries with higher gender pay gaps show relatively greater WLC among men, consistent with breadwinner norms. Countries with higher female part-time rates saw steeper WLC growth over time, suggesting part-time arrangements lose their buffering effect under sustained pressure.

Co-authors: *Jovana Zafirović*

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